



Editorial

Insights From the New Issue

Nasrin Hanifi^{1*} 

¹Social Determinants of Health Research Center, Health and Metabolic Diseases Research Institute, Zanjan University of Medical Sciences, Zanjan, Iran

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*Corresponding author:

Nasrin Hanifi

Social Determinants of Health
Research Center, Health and
Metabolic Diseases Research
Institute, Zanjan University of
Medical Sciences, Zanjan, Iran.

Email: nasrinhanifi@zums.ac.ir

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Editorial

Welcome to the fourth issue of Volume 15 of the Preventive Care in Nursing and Midwifery Journal. In this edition, we present a diverse collection of original research spanning clinical care, mental health, women's health, and emergency medicine [1-9], highlighting the interdisciplinary nature of modern healthcare.

The issue opens with Amiri et al.'s study on the role of dignity and psychological first aid in enhancing psychiatric health [1]. This article emphasizes the importance of humane, respectful approaches in mental health crises, arguing that incorporating psychological first aid principles can significantly improve patient outcomes and therapeutic alliances.

A significant portion focuses on women's health. Azadi et al. demonstrate the effectiveness of cognitive behavioral counseling for pregnant women with a history of spontaneous abortion, showing that targeted interventions can substantially reduce stress and improve quality of life in this vulnerable population [2]. Jimmy Agada and Wankasi Idubamo examine implementation strategies for doula support services in Nigeria, identifying key barriers and facilitators to inform policy decisions in resource-limited settings [4]. Masaebi et al. provide global analysis of maternal mortality trends using GBD 2021 data, revealing significant disparities between developed and developing regions that demand policy attention [8].

Mental health is further explored by Khanbabaei and Sobhi, comparing emotional expressivity in chronic kidney disease patients versus healthy controls [3]. Their findings highlight the often-overlooked emotional challenges faced by individuals managing chronic physical conditions, suggesting the need for integrated care models. In emergency and critical care, Halool et al. analyze emergency department trends in Iraq, providing crucial epidemiological data for optimizing resource allocation and improving emergency care systems [5].

Sookhak et al. identify workplace challenges for female pre-hospital emergency personnel, documenting issues related to safety, discrimination, and work-life balance while proposing vital policy directions [6]. Khezerlou et al. investigate nebulizer placement in mechanically ventilated patients, offering practical, evidence-based guidance for improving medication delivery efficiency [7].

Concluding this issue, Mohamadi and Jalali present a systematic review on the impact of AI-based educational programs on nursing students' clinical decision-making, identifying both opportunities and challenges in implementing AI-based educational strategies [9].

Collectively, these articles demonstrate our journal's commitment to publishing rigorous research with direct implications for clinical practice and policy formulation across diverse healthcare settings [1-9]. We hope these studies will spark discussion, inspire further research, and contribute to a more effective healthcare system. We thank all contributors who made this issue possible.

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